Issue 019

Travel & Cruise



keep dreaming...



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Front cover image: Mudgee, NSW © Destination NSW



From the **Publisher**

Jenny Piper

Well another week of border closures and more restrictions could get us all down. But in the midst of it all, it's great to hear of people exploring their neighbourhoods and discovering hidden gems they didn't know existed before. Little bush reserves with waterfalls and walking tracks are just some of the pictures I have seen people posting on social media. We can still keep dreaming about venturing further from home and start planning.

This week we have a lot of stories about food, which will suit our foodies! One of the wonders of travel is having different culinary experiences. Our cruise section showcases fine dining on family oriented cruise lines. We also take a look at food and wine offerings in regional New South Wales and where to get a good brunch in some of our capitals.

I hope you enjoy this week's read and you feel inspired to book a domestic holiday school holidays are just around the corner and before we know it will be Christmas, so time to start getting organised, pop into your local travel agent and make a booking.

Don't forget to follow us on **Instagram** (@travelcruiseweekly) and Facebook to stay up to date and see more travel inspiration.



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For foodies

Brunch at the best

Perth Zamia Cafe

Centrally located in Perth's Kings Park,
Zamia Cafe has a casual and stunning
setting, overlooking one of the city's best
playgrounds. The range of cakes, slices and
muffins are baked in-house daily and the
pumpkin and haloumi fritters with smoked
salmon and poached eggs are a must. There
is also the option to pick up takeaway meals
or for a group. Pick up a platter, and choose a
spot in the park to settle in.



Darwin Laneway Specialty Coffee

Laneway Specialty Coffee is a vibrant little spot serving brekkie favourites and sensational coffee in Darwin's suburb of Parap. A popular option at the airy locale is poached eggs and herb hollandaise on sourdough with a choice of BBQ pulled pork, smoked salmon, or wild mushroom.



Adelaide Luigi Delicatessen

For a menu that is both colourful and exciting, Luigi Delicatessen is the place to go. Located in Adelaide's CBD, the venue offers up to five specials which change depending on what is in season. For a visually spectacular meal opt for a share platter, which features porkbelly bacon, Italian homemade sausages, herb oven-roasted mushrooms, caramelised beetroot, avocado, hommus, greens and house-made beans, along with other inseason specialties.



Hobart Jackman & McRoss

Freshly baked goods just out of the oven are the specialty at Jackman & McRoss. The bakery is a Hobart institution and has expanded to three locations in the city. They are all a great spot to start the day and pick up a few goodies for the road.





Ruby Princess team cleared

The NSW Commission of Inquiry into the Ruby Princess disembarkation in Sydney during March has found no misconduct on the part of staff at Princess Cruises or its parent company Carnival Corporation.

The highly anticipated report was handed down on Friday, finding "serious mistakes" by NSW Health which "inexplicably" assessed the vessel as low risk despite rising numbers of infections on board.

The report was welcomed by Princess Cruises which said it was testimony to the integrity of its people who had "always sought to cooperate honestly and professionally with officials in accordance with the regulatory environment".

Commissioner Bret Walker said there were no systemic issues, and that the NSW Health physicians treated the threat of COVID-19 seriously, and had proper scientific processes in place.

"They were diligent and properly organised...put simply, despite the best efforts of all, some serious mistakes were made," he said.

Virgin battle hotting up

A rival bid for Virgin Australia is the subject of a Federal Court hearing in Sydney today, with an alternate consortium hoping to gain access to information which will allow them to flesh out a further offer for the airline which is currently under administration.

Backed by five former
Virgin Blue executives
including co-founder Rob
Sherrard, the group say
their plan would leave Virgin
Australia as a company
publicly listed on the ASX,
rather than "the asset of a
privately-owned investment
company based in the USA".

Meanwhile the revived
Virgin is likely to have new
competition - alongside
Qantas and Jetstar - with
Regional Express believed
to be in talks to take over
the leases of up to 10 Boeing
737s surplus to Virgin's
requirements.

Winery and Bite Delights in NSW

New South Wales is a wonderland for food and wine lovers, home to renowned wineries, stunning views and fresh premium produce. Jasmine Hanna explores some of the regions which are making a splash.

Hunter Valley

The Hunter Valley packs in world-famous wineries, acclaimed restaurants, delicious local produce, and is surrounded by magnificent natural beauty. There are over 150 wineries and cellar doors in the area, more than any other wine region in Australia, including Brokenwood, Audrey Wilkinson, Tyrrell's Wines, McGuigan Wines, Scarborough Wine and Tulloch Wines. All offer tastings and experiences that range from tours of their wine-making processes to cooking classes with wine pairings.

Travellers can combine their love of wine with food, with a number of providers including Hunter Valley Private Tours, Two Fat Blokes and Wine Country Tours offering full

and half day tours in private or small groups taking in wineries and local producers.

To get your fill for lunch or dinner, visit one of many local restaurants such as Yellow Billy Restaurant, Bistro Molines, Muse Kitchen or The Wood Restaurant, located onsite at Brokenwood.

Mudgee

Mudgee merges country life with urban cool and food and wine lovers flock to the destination for its 40 plus wineries. It is a place for gastronomic adventures, where historic buildings have been reinvented as boutique hotels, and big-city chefs sit at the helm of chic country pubs. Book in Lowe Wines' cellar door to enjoy a bottle of







Clockwise from top (all images © Destination NSW): Bistro Molines in the Hunter Valley offers fine dining for lunch and dinner.

Indulge in a pastry or two from Racine Bakery in Orange.

Relax at Mudgee's Logan Wines, with views across the vineyards served up with your wine tasting.



premium small batch wine and an antipasto platter in the grounds of this beautiful winery or pop into Gilbert Family Wines for a delicious wine flight and small bites. Enjoy a taste of the country with Country Estate Tours who can showcase the region with a tour including food and wine experiences, horse riding or kayaking. There's also share platters with local produce and vineyard views at Logan Wines, or for a touch of French style in the NSW country, settle in for the Sparkling Affair experience at De Beurepaire, with a flight of three Methode Traditionelle sparkling wines paired with delicious bites.

Orange

Orange combines stunning wine, landscapes and a fascinating history. The region's rich volcanic soil from nearby Mount Canobolas and its high altitude make for a cool climate ideal for producing award-winning wines. Visit Rowlee Wines to experience this first-hand. The estate

makes wines exclusively from its single vineyard and offers guests intimate tastings, wine and food pairings and picnics in the vines. See Saw Wines also offers travellers more than just a wine tasting, with tours, lunches and hot air balloon adventures with a Prosecco breakfast all on the cards. Other wineries to add to the list are Philip Shaw and Swinging Bridge to sip chardonnay and pinot noir.

For some gourmet highlights, don't miss Tonic, located in the charming village of Millthorpe, for





From top
(all images
© Destination
NSW): Rowlee
Wines near
Orange is the
perfect spot for
a picnic amongst
the vineyards.

Winemaker Ken Helm in his vineyard at Helm Wines near Canberra.

A glass of red wine from Clonakilla cellar door near Canberra.



its fine dining using seasonal local produce. Or for dinner with a view, head to Sister's Rock Restaurant at the top of Borrodell Vineyard, which serves produce grown on-site including cherries, black truffles and heritage apples. Once you're full, head to the Agrestic Grocer and fill your suitcase with the region's bounty to take home.

Canberra

Charming towns and villages make up the Canberra District wine region, including Yass, Hall, Murrumbateman, Gundaroo and Gunning, as well as family-run cellar doors, restaurants and local producers. Tallagandra Hill is a must, with this small, family business dedicated to producing award-winning single vineyards wines including shiraz, tempranillo, vermintino and cabernet franc. Lake George Winery is the oldest in the district and visitors can enjoy their wines along with a rustic menu at onsite restaurant, The Westering. For a more modern feel, head to Shaw Wines and enjoy your tasting with a cheese plate and vineyard views.

For a feed that satisfies, head to Poachers Pantry, which is one of the finest smokehouses in Australia, located on a working farm, or satisfy a sweet tooth at Robyn Rowe Chocolates, where only the finest Belgian fairtrade couverture is used.

Shoalhaven

Shoalhaven boasts picture perfect beaches, relaxed villages, deliciously different food and fantastic wineries. For fans of great seafood, spend a lazy afternoon at Rick Stein at Bannisters, indulging in superb fresh local seafood in an airy and light-filled coastal venue. Bangalay Dining is also a must and draws upon Head Chef Brent Strong's passion for native and local ingredients. For a food and wine experience, Cupitt's Estate is a family operated boutique winery, cellar door, restaurant, bar, microbrewery and fromagerie in a beautiful coastal countryside setting in between Ulladulla and Milton. The Shoalhaven region is also home to great wineries and cellar doors, such as Cambewarra Estate near Nowra which has a restaurant on site, along with its cellar door which is child and pet friendly and offers a high tea experience for

travellers amongst the vines.

It would be remiss of you to not experience the coastal highlights of the region, so make sure to book a tour with Dolphin Watch Cruises or Jervis Bay Wild to spot dolphins. seals and whales.

Southern Highlands

NSW's Southern Highlands is a rich tapestry of boutique wineries, heritage buildings, picture-perfect towns and green rolling hills. Peppergreen Estate in Berrima is a must-visit for foodies with the cellar door, tasting room and restaurant located in an iconic building once home to an antique store, and the estate offering tours of its vineyard and olive grove in Canyonleigh.

For travellers looking to satisfy both wine and beer lovers, head to Tractorless Vineyard and Bowral Brewing Company where visitors can do a guided wine, beer and cider tasting, or try grape stomping. If you are looking for a menu that features primarily locally grown produce, don't go past Eschalot Restaurant with its paddock to plate experience, or the Loch, a working farm, garden and guest house just minutes from Berrima which serves long lunches on Sundays.





From left (all images © Destination NSW): Fans of seafood will love Rick Stein at Bannisters.

Peppergreen Estate in Berrima in the Southern Highlands is a must-visit for foodies.



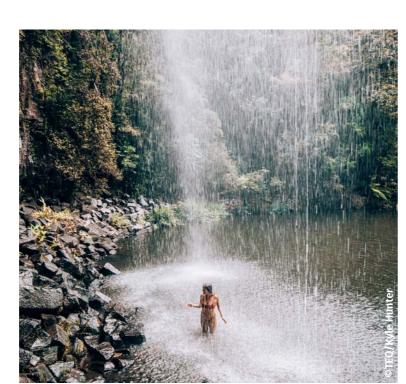
Take four

Australia is home to many stunning waterfalls, and with international travel on hold, what better time than now to experience some of the best.



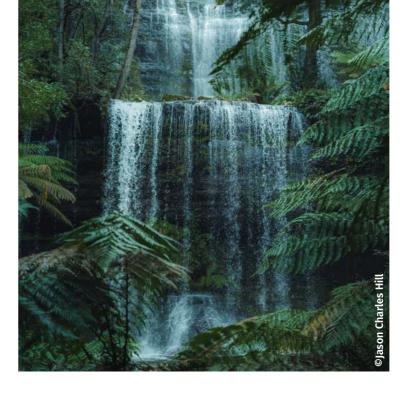
Wallaman Falls, QLD

This single-drop waterfall is the country's tallest, at 268 metres, and is located in North Queensland just two hours out of Townsville. For those in need of extra motivation, Wallaman Falls is set in the UNESCO World Heritage-listed Wet Tropics of Queensland, meaning you can tick off two distinct landmarks in one visit.



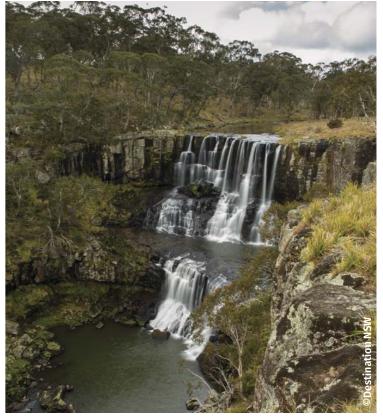
Russell Falls, TAS

Arguably Australia's most stunning waterfall, Russell Falls is a tiered-cascade fall nestled within Tasmania's Central Highlands. Set on the eastern boundary of Mount Field National Park, the falls were once recognised as one of eight tableaus chosen on a set of the state's postage stamps.



Ebor Falls, NSW

It's hard not to have at least one fall from New South Wales' Waterfall Way on this list, and we've chosen the town of Ebor's titular waterfall. If you have time to stop off at only one, make sure it's Ebor Falls, a 115-metretall, two-drop, tiered cascade. Following your visit, head into the charming town centre for a coffee.



Millaa Millaa Falls, QLD

This plunge waterfall may only be listed as a Queensland Heritage Site, but that does not make it any less nourishing a visit – a trip to these falls can be supplemented with a swim at its base. Located in Far North Queensland's Tablelands region, Millaa Millaa Falls is located within the well-known 'waterfall circuit', which includes other similar features such as Elinjaa Falls and Zillie Falls. The area is well worth exploring!

Keep your cruising dream alive

Dining is a key part of your cruising experience, so to help you choose which ship you should sail on next, we're bringing you a series of comparisons of onboard dining.

Cruising with your family doesn't have to mean chicken nuggets and pizza for dinner. This week, we take a look at the fine dining options onboard cruise ships targeted more at families, and there are plenty of options, whether you want to include the kids or not.

Chef's Table Royal Caribbean International

For the VIP experience, Royal Caribbean International's Chef's Table serves gourmet fare and fine wines. Tucked away in an intimate, exclusive spot on board, the experience treats a limited number of guests to a five-course menu and wine tasting. The Chef de Cuisine prepare and presents each couse to guests, while explaining the cooking techniques, ingredients and flavours. Then, a sommelier pairs every course with a wine.





Bayamo by Ocean Blue Norwegian Cruise Line

Bayamo by Ocean Blue pairs fresh seafood with fine ingredients and vistas. Guests have the option to dine in the elegant dining room or, under the stars on The Waterfront on Norwegian Encore, Norwegian Bliss, Norwegian Joy, Norwegian Getaway and Norwegian Breakaway. There is also an extensive wine list and specialty cocktails on offer.



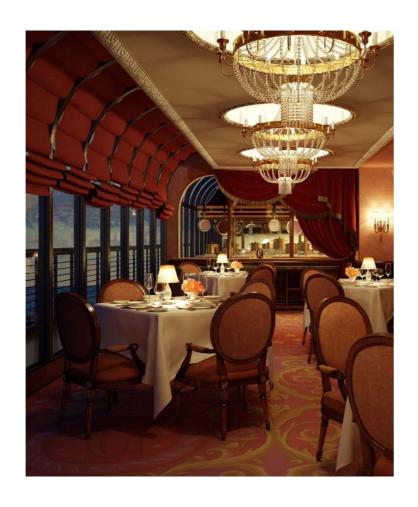
Salt Grill by Luke Mangan P&O Cruises

Salt Grill by Luke Mangan has the claim to fame of being the first restaurant by a Australian celebrity chef at sea. Mangan utilises fresh and fine Australian ingredients to create signature dishes such as the crab omlette, enoki mushroom salad with miso broth, and the famous liquorice parfait with lime syrup. At sea, Salt Grill is exclusive to P&O Cruises and is on board *Pacific Aria* and *Pacific Dawn*. Lunch at the restaurant is \$49pp, dinner is \$59pp and high tea is \$29pp.

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Remy Disney Cruise Line

Remy is the most luxurious dinner experience on board Disney Dream and Disney Fantasy. The adult-exclusive restaurant serves fine French fare using seasonal ingredients. Dinner begins with a chilled Champagne cocktail prepared at the table, followed by multiple tasting courses using ingredients from the world market, such as langoustine, duck, elk, sablefish and Kobe beef. In addition to fine dining at dinner, Remy also offers a Champagne brunch, five-course dessert experience and Petites Assiettes de Remy. Dinner at Remy is \$125 per person.



L'Atelier Bistrot MSC Cruises

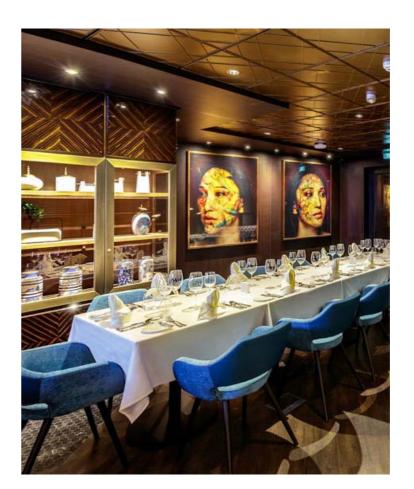
MSC Cruises combines the world of fine art with French cuisine with l'Atelier Bistrot. The bistro features an exhibition of original Impressionist art and offers quality products and small plates designed for sharing. Ribeye steak, fries and blue cheese sauce and other French classics are on the menu, alongside cheese, charcuterie, Escargots de Bourgogne, Foie Gras de Canard and French desserts.





The Chef's Table Carnival Cruise Line

The Chef's Table presents a sumptuous multicourse dinner hosted by a Carnival Cruise Line Master Chef and the chance to peek behind the curtain and learn about what it takes to feed an entire ship. The experience, available for a select group of 12, begins with cocktails and hors d'oeuvres, followed by a tour of the galley in operation. Next up is a full-service dinner with appetisers, entrees and desserts not available on regular dining menus. This experience comes at \$120 per guest and is available across the fleet.



The Vintage Room Dream Cruises

The Vintage Room is a discreet, private dining room ideal for celebrating a special occasion – or creating one. The menu is paired with wine, exclusively selected for the diners and offers the opportunity to learn about the wines and the regions that produce them. The experience is at an additional cost and available for dinner on *World Dream*.

Pub quiz

- 1. Which country would you find the Kelvingrove Art Gallery and Museum?
- 2. Which country has the internet domain code .al?
- 3. Carnival Corporation is the parent company of how many different cruise lines?
 - a) 10
 - b) 8
 - c) 6
 - d) 12
- 4. Which country is home to the largest castle?
- 5. What is the currency of Argentina?
- 6. What is the national sport of Spain?
- 7. Who is the current President of France?
- 8. Suaasat is the national dish of what large northern territory?
- 9. True or false: A woman in Japan can hire a "handsome" man to watch a soppy chick flick with and wipe away any tears?
- 10. The circle in the middle of South Korea's flag is comprised of which two colours?

Unscramble

How many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.



Good – 23 words Very good – 35 words Excellent – 46 words NOTE: We've used Chambers Dictionary to decide what words are acceptable.

Whose flag is this?



This flag is often shown without the coat of arms in the centre - this version pictured is used when displayed by the government. The colours of the stripes on the flag represent flamingos, because history says that when a figure - revered for his help in leading a revolution against the colonial powers of the country - arrived in the nation, a flock of these birds flew away. Do you know whose flag it is?

Where in the world?



These ornate ceilings are usually more at home in grand palaces than metro stations, but in this city public transport is a bit more glamorous-looking than Sydney's CityRail. Many of the subway stations in this city feature frescoes, marble columns and ornate chandeliers that wouldn't be out of place in a museum. Do you know where in the world this is?

Sudoku

BEGINNER

The aim of Sudoku is to complete the entire grid using the numbers 1-9. Each number can only be used once in each row, column and box.

	5			7				8
7	3		2			5		9
7 4				6		3		
1	4		6		2			
6	7		5		1		2	3
			8		7		1	4
		7		5				2
5 8		4			8		9	6
8				1			3	

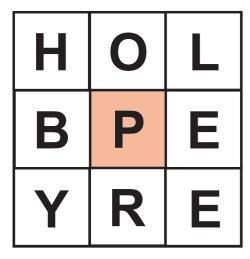
www.sudokuoftheday.com - visit them and get a new Sudoku every day!

Pub quiz

- 1. Which is larger Mexico or the Canadian territory or Nunavut?
- 2. The first environmental political party in the world was thought to be founded where?
- 3. In terms of passengers served, which airline alliance is the largest in the world?
- 4. Elizabeth II is the longest-serving current head of state, having reigned since 1952. Who is second-longest?
- 5. The British Empire was the largest in history, controlling 35,500,000km2 at its greatest extent. Which was the second largest?
- 6. Mandarin Chinese is by far the most spoken language on Earth. What is the second most spoken?
- 7. Which of Australia's islands is also known as Karta, or "island of the dead"?
- 8. Which two airlines merged in 2011 to create the holding company international Airlines Group?
- 9. Carrauntoohil is the highest point on what island?
- 10. The Blue Train travels approximately 1,600km between which two South African cities?

Unscramble

How many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.



Good – 17 words Very good – 25 words Excellent – 33 words NOTE: We've used Chambers Dictionary to decide what words are acceptable.

Where in the world?



Installed in 2000, these bright bowling pins stand out from the surrounding city where they are located. The sculpture was commissioned by the city where it is located and they wanted something that was eye-catching and represented its achievements at the beginning of the new millennium. Do you know where in the world this sculpture can be found?

Pub quiz

- 1. Which US state is home to the Diamond Head volcanic tuff cone?
- 2. What happened to the final inhabitants of Pompeii?
- 3. What is considered to be the largest lake in the world?
- 4. Couscous is the national dish of which country?
- 5. In a survey launched by Continental, what meal received the most votes to be considered Australia's national dish?
 - a) Meat pie
 - b) Barbecue prawns
 - c) Roast lamb
 - d) Steak and veggies
- 6. What is the national sport of Japan?
- 7. What does Argentina have in the middle of its flag?
- 8. Who is the current Chancellor of Germany?
- 9. What is the currency of Sri Lanka?
- 10. True or false: Australia is larger in area than Brazil?

Cruise dining word search

R	V	А	R	А	Н	С	Ε	G	F	Χ	S	I	F	С
Q	Α	R	Z	0	V	S	G	I	В	Α	G	N	U	Χ
М	Т	В	Т	Z	Е	Α	N	J	Р	K	S	R	S	K
Т	S	Р	0	N	ı	Е	Т	Α	L	В	F	0	I	Т
С	0	Е	Α	Т	D	Р	Т	Q	L	Е	V	0	0	J
Т	Α	Р	Α	I	Α	S	М	Υ	I	0	Е	М	N	Χ
I	Α	F	N	F	U	L	R	Н	R	Z	S	D	Q	K
J	R	I	É	U	О	I	Е	Υ	G	I	В	I	В	Н
В	N	Α	Α	Е	М	0	0	G	L	С	С	N	K	Е
G	Т	Е	F	F	U	В	D	I	О	L	N	ı	Р	С
Т	Н	Α	ı	J	N	N	Χ	N	О	K	L	N	0	K
I	Т	Α	L	I	Α	N	I	I	Р	Α	0	G	Р	D
W	F	F	Е	Q	0	J	Е	I	I	Е	R	Т	L	Υ
0	G	D	N	Α	В	Α	R	G	ı	Т	N	Z	D	R
Υ	0	U	S	F	W	U	G	Н	В	S	L	Z	Н	R

See if you can find these words. They are hidden horizontally, vertically and diagonally, forwards and backwards.

FINEDINING ITALIAN THAI JAPANESE FUSION PIZZA CAFÉ STEAK

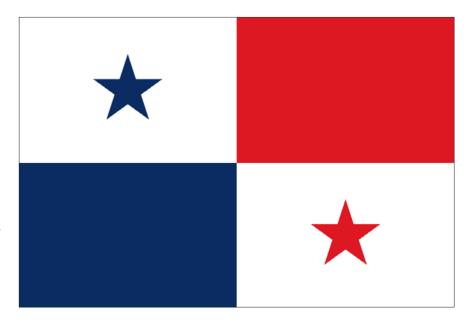
SEAFOOD GRABANDGO INROOMDINING TAPAS

HOTPOT BUFFET GELATOBAR POOLGRILL

Whose flag is this?

This country used to be part of another, and when it seceded, they initially proposed a flag that utilised the same colours as the other country.

However the flag that was eventually chosen incorporates colours symbolising the two major political parties in the government. Do you know whose flag this is?



Know your brands

Logos are the main way that companies distinguish themselves, and some logos are so famous that you don't even need to see the company's name to know who it is. See if you can identify these four logos.





2



3



Where in the world?



Billed as the world's highest an infinity pool, this body of water offers you dizzying views. Usually this iconic landmark is pictured from a different angle, but we thought that might make it a big too easy on you. A drink at this poolside bar, or dip in the water, is a perfect way to top off a day hitting up the sights of the city, and you can also stay the night. Do you know what this is and where in the world it is located?

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Sudoku

FIENDISH

The aim of Sudoku is to complete the entire grid using the numbers 1-9. Each number can only be used once in each row, column and box.

			3		7		4
	7				5		
5				4	9	3	
	1	8	6				
			8	9			
				1	6	2	
	2	1	4				5
		5				6	
9		7		3			

www.sudokuoftheday.com – visit them and get a new Sudoku every day!

All answers are on page 26

Make it at home

In these stressful times, we're often looking for a drink, so why not make one of our unique cocktail recipes at home!



Apple Martini

Don't be put off by the green colour of this cocktail, it is actually a lovely and refreshing drink, particularly if you can get fresh green apple juice, which is the perfect combination of sweet and tart flavours. This recipe comes from Avis Budget Group.

Ingredients

- 1 nip Vanilla vodka
- 1 nip Vanilla syrup
- 1 nip fresh lemon juice
- 1 nip fresh green apple juice
- 1 nip Sour Monkey Apple Schnapps

Method

Combine ingredients in a cocktail shaker filled with ice cubes.
Shake well.
Strain into a chilled cocktail glass.

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Puzzle answers

Page 18

Pub quiz: 1 Scotland, 2 Albania, 3 a) 10, 4 Poland (Malbork Castle), 5 The Argentine peso, 6 Soccer, 7 Emmanuel Macron, 8 Greenland, 9 True, 10 Red and blue

Unscramble: agape, apnoea, apron, gape, gaper, gopher, grape, graph, grope, harp, heap, hope, napa, nape, neap, nope, opah, open, opera, orphan, ORPHANAGE, paean, pagan, page, pager, pane, pang, para, paragon, pare, pean, pear, peon, phage, phon, phone, pone, pong, pore, prana, prang, prone, prong, rape, reap, rope

Whose flag is this: Peru

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Pub quiz: 1 Nunavut, 2 Tasmania, 3 Star Alliance, 4 Hassanal Bolkiah, Sultan of Brunei, 5 Mongol Empire, 6 Spanish, 7 Kangaroo Island, 8 British Airways and Iberia, 9 Ireland, 10 Cape Town and Pretoria

Where in the world: Metro, Moscow, Russia

Sudoku:

9	5	6	1	7	3	2	4	8
7	3	1	2	8	4	5	6	9
4	8	2	9	6	5	3	7	1
1	4	3	6	9	2	8	5	7
6	7	8	5	4	1	9	2	3
2	9	5	8	3	7	6	1	4
3	6	7	4	5	9	1	8	2
5	1	4	3	2	8	7	9	6
8	2	9	7	1	6	4	3	5

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Pub quiz: 1 Hawaii, 2 They were killed by a volcanic eruption, 3 The Caspian Sea, 4 Morocco, 5 c) Roast lamb, 6 Sumo wrestling, 7 A sun, 8 Angela Merkel, 9 The Sri Lankan Rupee, 10 False

Unscramble: beep, bleep, elope, eloper, help, helper, hope, hype, hyper, HYPERBOLE, hypo, leper, lope, loper, peel, peer, phoebe, pleb, ploy, pole, poly, pore, prey, probe, prole, pyre, repel, reply, rope, ropey, ropy, yelp, yelper

Where in the world: Flying Pins, Eindhoven, the Netherlands

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Whose flag is this: Panama

Page 22

Know your brands: 1 Nike, 2 Target, 3 Starbucks, 4 McDonalds

Where in the world: Marina Bay Sands, Singapore

Sudoku:

1	9	2	3	6	5	7	8	4
4	7	3	9	8	2	5	1	6
5	8	6	7	1	4	9	3	2
2	1	8	6	3	7	4	5	9
6	5	4	8	2	9	1	7	3
7	3	9	5	4	1	6	2	8
8	2	1	4	7	6	3	9	5
3	4	5	1	9	8	2	6	7
9	6	7	2	5	3	8	4	1

